



Full Cup Of Justice



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Newsletter December 2017

www.helpinginjuredpeople.com

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December 2017

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*Warm wishes for a Happy Holiday
and all the best in the New Year!*

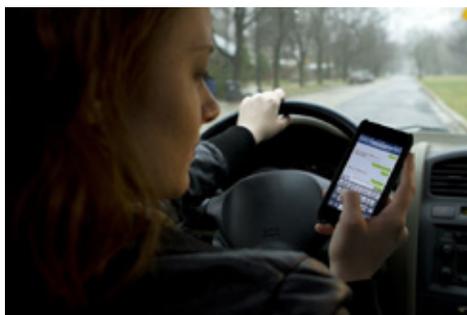


From all of us to you and yours

What Are the Leading Causes of Auto Accidents in Florida?

A Brooksville woman was killed in a recent auto accident, and the other driver is facing charges of DUI manslaughter. The vehicle was allegedly traveling at a high rate of speed when it collided with the victim's car as she attempted a left turn.

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Our Offices and Hours

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Scheduled appointments
after hours

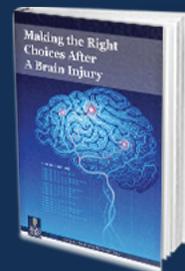
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Scheduled appointments
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....continued from page 1 **What Are the Leading Causes of Auto Accidents in....**

Every year, thousands of Florida residents are injured or killed in car accidents. 3,178 people were killed in vehicle crashes in 2016, with more than 250,000 more people injured (data from the Florida Department of Highway Safety and Motor Vehicles DHSMV).

Leading Causes of Car Accidents

The most common cause of car accidents is **distracted driving**. Driving distractions range from adjusting music controls to talking to passengers to eating, but using a cellphone - including texting while driving - is often to blame. Texting while driving is illegal in Florida and for good reason, as it is just as dangerous as driving while intoxicated.

Driving under the influence of alcohol or drugs is another common cause of accidents and, in Florida as in most other states, the number of traffic deaths attributable to alcohol or drug-impaired drivers continues to be excessively high. 1,288 people were killed in 2015 alcohol-related accidents, an 8% increase over the prior year!

Following distracted driving and driving under the influence, other top causes of Florida auto accidents include:

Speeding. It's a dangerous habit to speed and drive too fast for road, weather and traffic conditions. Speeding may cause hydroplaning on wet roads and also increases the distance and time needed to stop the car.

Reckless driving. Careless or reckless driving causes far too many Florida car crashes. Dangerous drivers create hazardous situations and can cause death, injury and property damage.

Not paying attention to the road. Drivers must be vigilant to the road and other vehicles, but must also drive defensively while paying attention to pedestrians, signs and traffic signals and side streets to avoid accidents.

There is a pattern here - most of these primary causes of auto accidents are largely **preventable!** Carrying a driver's license and being allowed to drive a vehicle are privileges that must be earned with safe, cautious and responsible driving.

Build Safe Driving Practices Early

Learning safe driving practices begins early. Teach your teen-aged driver not only driving technique but also defensive driving and on-the-road courtesy.

Learn more at the DHSMV We Arrive Alive teen driver website.

How Many of These Super Bowl Trivia Facts Do You Know?

Everyone will be a football fan on February 4th - it's Super Bowl time! As you sip your favorite beverage and dip into the guacamole, amaze your family and friends with these fascinating facts:

- The first Super Bowl paired up the NFL Green Bay Packers and the AFL Kansas City Chiefs. Green Bay won the game, played in the L.A. Memorial Coliseum on January 15, 1967.
- The New England Patriots hold the honor for playing in the most games - 9 - but the winningest team is the Pittsburgh Steelers with 6 victories.
- The Denver Broncos hold the record for the most Super Bowl losses - 5 out of 8 appearances.
- Coveted Super Bowl victor rings cost upwards of \$5,000 each. The losing team also receives jewelry - but the cost can't be more than **half** the price set for the Super Bowl ring.
- The Vince Lombardi Trophy is presented to the game winner. Named after legendary NFL head coach Vince Lombardi after his death, the sterling silver trophy costing \$25,000 is crafted by Tiffany & Co. The winning team retains permanent possession of their prize.



....continued on page 3

....continued from page 2 **How Many of These Super Bowl Trivia Facts Do You....**

- Peyton Manning is the only quarterback to start and win a Super Bowl with 2 different teams - the Indianapolis Colts and the Denver Broncos.
- Gamblers wagered a record \$132.5 million on Super Bowl 50 in 2016.
- Fans will consume an estimated 1.33 **billion** chicken wings on Super Bowl Sunday.
- No team has ever been shut out in the Super Bowl, although Miami came close when the team only scored 3 points in 1972 against the Cowboys.

No matter which team wins Super Bowl 52, enjoy the festivities! And if you choose to have an alcoholic drink or two, don't drive. Instead, use public transportation, a ride service or ask a designated driver for a ride.

If you or a family member has been injured in a car accident or any other personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call (866) 364-9529 for your initial free consultation. The Holliday Karatinos Law Firm, PLLC, injury attorneys in Brooksville and Lutz, Florida, can help you determine whether you need a lawyer for an accident or any personal injury case.

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Recipe of the Month

Pomegranate Bejeweled Goat Cheese Ball

Here a holiday appetizer that looks impressive and tastes great!

Ingredients

- 8 oz goat cheese
- Arils from 1 medium pomegranate (about 2/3 cup)
- 1/3 cup raw natural pecans
- 1 tablespoon chopped chives
- 1/2 tablespoon pure maple syrup
- 1/8 teaspoon fine sea salt
- Crackers, pita chips, or any other dippers



Directions

1. Roughly chop the pecans. Transfer to a saucepan heated over medium-low heat. Dry roast for 5 minutes, tossing once or twice.
2. Meanwhile, break the goat cheese into chunks and place in a bowl. Add the chopped chives.
3. Once the pecans are done roasting, drizzle the maple syrup and sprinkle the sea salt in. Remove from heat and stir together.
4. Transfer the pecans to the goat cheese bowl. Use a wooden spoon to combine everything evenly.
5. Transfer the goat cheese mixture to a cutting board. Use your hands to mold it into a ball.
6. Place the pomegranate arils on a small plate. Roll the goat cheese ball in the pomegranate, pressing the arils into the cheese ball with your hands. Continue until the entire cheese ball is covered in arils.
7. Place in the refrigerator until it's ready to be served. Serve with crackers, pita chips or pretzels.

Recipe courtesy of www.shape.com

What's Happening in North Tampa

Jan 13

Celebrity Auto Festival
Big Top Flea Market
Thonotosassa, FL
<https://goo.gl/Y9YH9k>

Jan 13 - 14

Tampa Black Heritage Festival
Curtis Hixon Park
Tampa, FL
<https://goo.gl/cj2vAk>

Jan 27

Gasparilla Pirate Festival
Hilton Tampa Downtown
Tampa, FL
<https://goo.gl/wxeFyP>

Jan 28

Florida Challenge Half-Marathon & 5K
Trail Runs
Alafia River State Park
Lithia, FL
<https://goo.gl/5sJpof>

Feb 1 - 3

Herman's Hermits
Busch Gardens
Tampa, FL
<https://goo.gl/SFsGhX>

Feb 16 - 25

Cirque du Soleil: Volta
Grand Chapiteau at Tampa Greyhound Track
Tampa, FL
<https://goo.gl/e6rBwY>

Feb 17

WhigFest Music & Arts Festival
Cuban Club
Tampa, FL
<https://goo.gl/gpvzUA>

Feb 26 - 28

Rhythm in the Night, the Irish Dance
Spectacular
Busch Gardens
Tampa, FL
<https://goo.gl/2osr82>



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Oscar Lopez

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