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Newsletter June 2019

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June 2019

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Don't Let Your Teen Driver Become a Statistic During the "100 Deadliest Days of Summer"

It's summer here in central Florida, and while that won't mean much of a change in terms of our gorgeous sunny weather, you will see many more teen drivers on the road.

Many of these young drivers are brand new to extensive periods of driving, and unfortunately can all too often be distracted behind the wheel. These are two of the reasons why AAA calls this period the "100 deadliest days" of the year for teen driver deaths.



The "100 days" begins with Memorial Day and ends at the start of the next school year. During this time, car crashes for those drivers ages 16 to 19 increase significantly. In the 100 days, more than 1,050 people die in vehicle accidents involving teens, representing a considerable **17% increase** over other times during the year.

Teenagers are particularly vulnerable to driving while distracted due primarily to the lure of smartphones. Texting is exceptionally dangerous as it takes your hands off the wheel, your eyes off the road and your mind off the task of safe driving. In fact, distracted driving is a contributing factor in more than 58% of teen accidents.

Take Action Now to Set Firm Ground Rules for Your Teenaged Driver

Set aside some quiet time soon to have a serious talk with your young driver about driving laws and your expectations for safety when behind the wheel. Include:

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Our Offices and Hours

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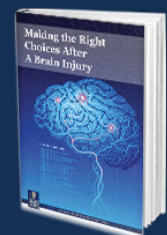
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....continued from page 1 **Don't Let Your Teen Driver Become a Statistic....**

- A **no-cellphone rule** while driving. As of now, any Florida driver is allowed to use a handheld phone to make calls and manipulate GPS. But texting while driving is illegal and, as of July 1, it becomes a primary offense. That means that a police officer can pull you over just for suspicion of texting while driving. For young and inexperienced drivers, however, the best way to handle a cellphone while driving is not to. Turn the phone off, give it to a passenger or lock it in the glove compartment.
- Repeat your warning that no one may drive after consuming any quantity of alcohol or drugs. Not only is it illegal, but a DUI record may jeopardize any college scholarship and even acceptance.
- Review Florida's graduated licensing requirements. Regardless of what the law allows, you may restrict the number of passengers that your teen is allowed to have.

Most of all, be a good role model! Never text while driving and limit handheld use of your cellphone.

This National Highway Traffic Safety Administration website has lots of great ideas for teen driver safety and for having this important conversation with your child.

Be Prepared for Hurricane Season

No one can forget Hurricane Michael's devastation last year when it slammed into the Florida panhandle as a deadly Category 4 storm. Let's face it – no matter where you live in Florida, there is a pretty good chance that you will be affected by a hurricane at some point.

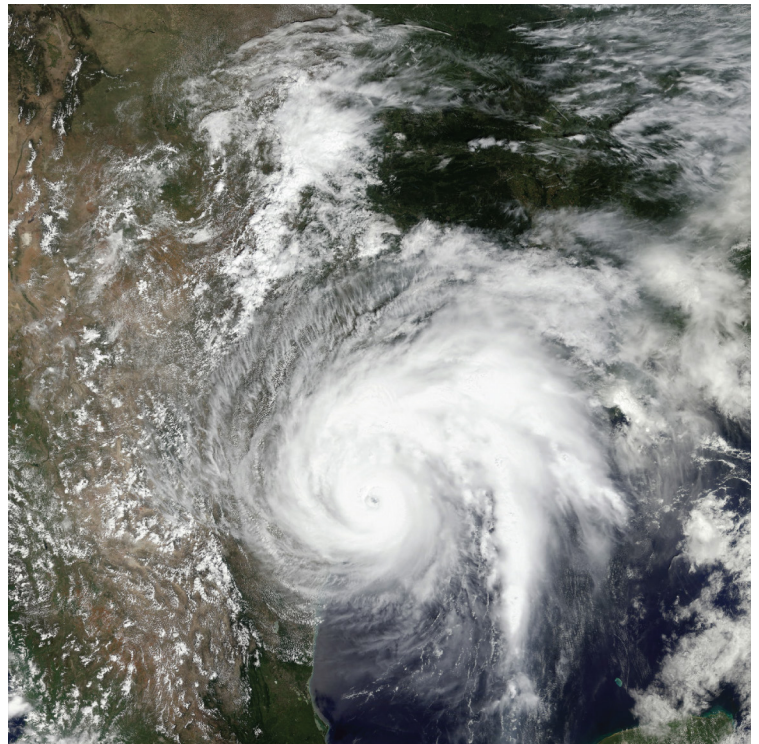
June 1st starts hurricane season, which runs through November 30. Would you be ready if a hurricane strikes your area tomorrow?

One mistake that many tend to make is to minimize the chance of hurricane damage: "It can't happen here." But when a big storm hits, high winds can cause extensive damage to your home and cars and disrupt your power for an extended time. You and your family may suffer life-threatening injuries and your possessions and pets may be at risk too.

Prepare Now for a Hurricane

Take steps **now** to prepare for a serious storm and its aftermath:

- Learn your hurricane evacuation zone, destination and route.
- Prepare a hurricane emergency kit to grab if you have to leave your home. Include medications, baby supplies, a 3-day supply of water, first aid kit, flashlights and extra batteries, battery-operated radio and a first aid kit.
- Prep your generators for a power outage and fill up your gas cans. Keep your car filled with gas and your cellphone charged. Maintain some cash in case ATMs are out of service.
- Drink only bottled water during a power outage, but you can wash and flush with saved water including in your bathtub.
- Secure your windows with wood or shutters. Reinforce your garage door and use straps to secure your roof.
- Your pool is a great place to stow outdoor furniture – just toss them in.
- Bring garbage cans inside.



Learn more from this Florida Emergency Preparedness Guide created by the Florida Department of Health.

If you or a family member has been injured in a car accident, boating accident or any other personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call (866) 364-9529 for your initial free consultation. The Holliday Karatinos Law Firm, PLLC, injury attorneys in Brooksville and Lutz, Florida, can help you determine whether you need a lawyer for an accident or any personal injury case.

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Chipotle-Mango BBQ Chicken

A Chipotle-Mango flavored marinade packs a punch in this grilled chicken recipe, perfect for grilling season. This BBQ dish is savory, sweet and screams summer!

Ingredients

- 1 1/2 cups mango, peeled, pitted and roughly chopped
- 3/4 cup fresh cilantro (loose pack, not chopped, stems and all)
- 2 tablespoons fresh lemon juice
- 2 tablespoons unseasoned rice wine vinegar
- 1 tablespoon canola oil, plus extra for grill
- 4 cloves garlic, peeled
- 2 chipotle peppers in adobo, plus 1 tablespoon adobo sauce
- 2 teaspoons kosher salt
- 1 teaspoon freshly cracked black pepper
- 2 pounds chicken thighs and drumsticks, bone in, skin on



Directions

1. Put the mango, cilantro, lemon juice, vinegar, oil, garlic, chipotle, salt and pepper in a food processor and puree until smooth. Adjust seasonings to taste.
2. Add the chicken with half of the chipotle-mango sauce to a resealable plastic bag, and massage to coat the chicken with the sauce. Refrigerate at least 6 hours to marinate.
3. Put the other half of the chipotle-mango sauce into a small saucepan and simmer over low heat until thick, stirring often, about 15 minutes. Set some of the simmered sauce aside to serve on the side, and baste the chicken every few minutes with the rest of the sauce.
4. Preheat a grill or grill pan to medium-high heat and brush with oil. Remove the chicken from the marinade and put on the grill.
5. Grill the chicken, turning and basting about every 5 minutes, until cooked through, 20 to 25 minutes. Transfer to a serving platter and serve with the reserved chipotle-mango sauce.

Recipe courtesy of Guy Fieri

What's Happening in & Around North Tampa

July 4 Red White & Blue Festival Channelside Tampa, FL http://bit.ly/2IDZoMX	Jul 22 WWE Raw Amalie Arena Tampa, FL http://bit.ly/2MH3MQr	Aug 2 Luke Bryan MidFlorida Credit Union Amphitheatre Tampa, FL http://bit.ly/31t3WhB	Aug 20 Ted Nugent Ruth Eckerd Hall Clearwater, FL http://bit.ly/2Wy93ye
July 13 SharkCon Florida State Fairgrounds Tampa, FL http://bit.ly/2KbsXst	Jul 28 Lionel Richie Amalie Arena Tampa, FL http://bit.ly/2MHxfKd	Aug 17 Wood Stock 50th Anniversary Tribute Pinellas Park Performing Arts Center Pinellas Park, FL http://bit.ly/2KQx8JR	Aug 25 - 26 ARC Running & Racewalking 5K ARC Clearwater, FL http://bit.ly/2X73d6t



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